

Quick fire round

Dentist **PATRIK ZACHRISSON** from The Wensleydale Dental Practice talks digital dentistry, ski holidays and shoe buffing



What got you into orthodontics?

I was doing restorative cases and was struggling to find a local orthodontist to treat adults the way I wanted, so decided to do it myself. I have been providing Invisalign since 2008 and find it very predictable and my patients love it.

What do you like most about it?

I love the fact that it is such a life changing treatment and that you can create a great smile with minimal intervention, at any age. I also enjoy digital dentistry and that is something that is becoming more and more part of it. I'm looking forward to some very exciting developments with 3D printing and smile design.

What would you be if you weren't an orthodontist?

I would probably be an architect since I like art and design, and nowadays it is also all digital, which is a bit of a passion of mine too.

Describe your practice in three words.

Large, friendly, high-tech.

What's your greatest strength?

Being an approachable business owner with big team.

...and your biggest weakness?

I can get a bit carried away when I get excited about a new project.

What is your biggest achievement?

Together with my wife keeping our nine-surgery practice and laboratory ticking over, having a busy list every day and also a young family, we have three great children age 6, 10 and 13!

How do you cope with stress?

I haven't got time for stress... but I do enjoy trail running, the longer the better.



What do you prefer – Twitter or Facebook?

Facebook any day! But my children say I should just do Insta, otherwise people would think I'm old.

What was the last picture you took with your phone?

Our very large furry Maine Coon cat. He is in charge of the household really.

Best compliment you have received?

It always makes me very happy when patients feel well cared for and are loving the result of a long treatment.

What would your 'luxury item' be if you were stranded on a desert island?

A hammock with a well stocked bar.

What's your favourite food?

It would be Italian. I love a 'slow food' meal with great wine, good friends and lots of dishes.



What's your guilty pleasure?

Quality traditional shoes, and buffing them... but don't tell anyone, it might come across a bit weird.

Where is your favourite holiday destination?

Backcountry ski holiday in the Alps, with sun and steep deep powder snow and then a roaring fire at the end of a long day.

If you were a superhero, what would your superpower be?

Superhuman speed would be handy. I sometimes feel there isn't enough hours in the day. Or maybe teleportation for that sneaky last minute weekend break.

Describe yourself in three words.

Passionate, creative, adventurous. OP

Fact file

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QUALIFICATIONS: Dental surgeon (KI, Stockholm)

JOB TITLE: Principal dentist

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